

5th July, 2026, 14th Sunday /A

## TEMORA MISSION AREA

### Our Lady Help of Christians Parish Ardlethan/Sacred Heart Aria Park

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### Sacred Heart Temora

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Parish Priest Fr Alex Osborne

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### St Therese Barellan

**In our Prayers:** Lee Jackson, Robyn Richards, Neville Caldwell.

**For our Deceased:** Deceased Family, Friends, Victims of war, violence, accidents & natural disasters. Earthquake victims of Venezuela.

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#### July 11 - 12

Aria Park 6.00 p.m. Sat Mass

**Mass**

Barmedman 8am. Temora 10am & 5pm Sunday

**Liturgy**

Ardlethan **9am** Barellan 10am Sunday

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### REFLECTION - *My Yoke is Easy.*

During the Vietnam war a soldier once saw a boy carrying a child on his back. 'He's not heavy', the boy replied, 'he's my brother.' Hopefully, we experience the yoke of Jesus as light and easy. Serving others and living the Gospel can be burdensome at times but it also brings freedom and joy to our hearts and rest for our souls.

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Come to me, all you who labor and are burdened, and I will give you rest.

Matthew 11:28

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July 2026 focuses on how God works with care, patience, and purpose. Jesus brings peace and rest to those who are tired. God's word gives life and keeps working, even when growth feels slow. We are called to listen with open hearts and trust God's timing.

The readings remind us that God is kind and patient, giving people time to grow. They also teach that wisdom and God's kingdom matter more than wealth or power. July invites us to trust God, stay open, and seek what truly lasts.

<https://young-catholics.com/39687/july>

**Let nothing dim the light that shines from within.**

*Maya Angelou*



Listen. Trust. Seek.  
 God is always at work.  
 What lasts forever matters most.



National NAIDOC Week celebrations are held across Australia in the first week of July each year (Sunday to Sunday), to celebrate and recognise the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC Week is an opportunity for all Australians to learn about First Nations cultures and histories and participate in celebrations of the oldest, continuous living cultures on earth. You can support and get to

know your local Aboriginal and/or Torres Strait Islander communities through activities and events held across the country.

**Church Grounds - THANK YOU to the saints who keep the church grounds neatly mown and tidy.**

“My child, I don’t love you because you are perfect. I love you because you are Mine.”

Dear Lord, I don’t understand why You love me so much, even when I sin.



Roster 12th July

Leader: Suzanne

Reader: Ian

Ex. Minister : Bruce

**Acknowledgement of Country** - With respect, we acknowledge the country, the skies, the waterways and spiritual systems of the Wiradjuri people on whose land we gather. We acknowledge the elders for the passing on of knowledge, language and spiritual connections to country.

**Parish Safeguarding Commitment** — Our Lady Help of Christians Parish Ardlethan/Sacred Heart Arian Park is committed to safeguarding and upholding the rights of all our children and vulnerable people. We seek to empower children, their families and carers and vulnerable people, to have a say, to be listened to and to be protected. Parishioners are encouraged to raise any concerns they may have by emailing Fr Alex Osborne at alex.osborne@cg.org.au. Parishioners are also welcome to contact Maria Hicks, manager for the Archdiocesan Institute for Professional Standards & Safeguarding (IPSS) at ipss@cg.org.au or phone 02-62399806.